

Porter Physician Group  
Associates In Neurology  
Sleep lab  
219-531-2670  
Fax 219-476-7120

**PRE-STUDY PATIENT REQUIREMENTS & INFORMATION**  
**Maintenance of Wakefulness Test (MWT)**

Scheduled on \_\_\_\_\_ at \_\_\_\_\_ am/pm

Associates In Neurology  
2000 Roosevelt Road, #201  
Valparaiso, Indiana  
(CENTRAL time, front entrance, door A)

**INSTRUCTIONS for DAY of TESTING:**

**Eat a light breakfast 1 hour before arrival.** Arrive with **clean, dry hair** (*no gel/hairspray*). Take medications as normal. **Bring driver's license, insurance card(s), medication list, and a light lunch** (*see Table 1 below*). You can bring a decaffeinated drink and magazine/book (*TV is available*). **Expect to stay the entire day.**

**Table 1**

**Breakfast:** cold cereal, oatmeal, fresh fruit, yogurt

**Lunch:** sandwich, salad, soup

After the study, ensure you have a follow-up with the ordering physician to go over testing.

---

**MWT (Maintenance of Wakefulness Test):**

An **MWT** is a diagnostic procedure for assessing daytime hypersomnolence. MWT includes a series of 40 minute recording intervals during which the patient is seated in a comfortable chair in a darkened environment. An MWT focuses specifically on the patient's ability to remain awake rather than fall asleep.

**SPECIAL NEEDS and/or ADDITIONAL ASSISTANCE:**

If you need additional assistance, please inform us and a family member or friend may accompany you.

**24 HOUR CANCELLATION NOTICE is required.** A cancellation fee may be charged if proper notification is not received.

**BILLING and INSURANCE:**

*Associates In Neurology* verifies insurance eligibility. **Referring physicians' offices are required to obtain pre-authorizations.** However, it is ultimately **the patient's responsibility to ensure their insurance company is contracted with Associates In Neurology and that pre-authorizations are obtained.**

The insurance company may ask for a **CPT code (MWT 95805)**. Billing statements from *Associates In Neurology* will be submitted to insurance companies for services rendered.

**BILLING QUESTIONS: 219-364-3645** (*Associates In Neurology*).